



CYPRUS JU JITSU FEDERATION

1ST INVITATION
Cadets (U15) World Cup
13TH Seniors Balkan Open –
JJIF Ranking List
U12, U18 & U21 Balkan Championship

SEPTEMBER 16-18
2016

KITION ATHLETIC CENTER
LARNACA

柔術



For further information and registration: 00357 99729 414
email: cypjjf@gmail.com

Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship



CONTENT

	JJIF President Foreword	... 3
	JJF RS President Foreword	... 4
1.	JJIF and event Responsibilities	... 5
2.	Organizing Federation	... 5
3.	Venue	... 5
4.	About Cyprus	... 6
5.	Payment	... 12
6.	Right to participate and categories	... 13
7.	Competition fees	... 14
8.	Financial conditions	... 14
9.	Judogi and protectors	... 15
10.	Liability	... 15
11.	Advertising	... 15
12.	Referees	... 15
13.	Rules and Draw	... 16
14.	Appeal Committee of the Event	... 16
15.	Anti -doping Control	... 17
16.	Trophies	... 17
17.	Registration to the event	... 17
18.	Dress code	... 17
19.	Flags and Anthems Financial conditions	... 18
	Appendix 1 - Statement about liability	
	Appendix 2-Registration Forms (<i>to follow in 2nd invitation</i>)	

**Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship**



Foreword by the President of Ju Jitsu International Federation

Dear friends

As President of the International Ju Jitsu Federation, I am very pleased to welcome you in CYPRUS.

I wish complete success to all delegations.

I sincerely hope that these three days of competition we can make known even better our practices, open to all and show the world the true place of Ju Jitsu.

At each international competition, the number of countries and fighters is constantly increasing, proving the vitality of Ju Jitsu through our continents.

I wish good luck to all participants!

Panagiotis Theodoropoulos

JJIF President

Foreword by the President of Ju Jitsu Balkan Federation

TO ALL JJBF MEMBERS

Dear friends

Please find enclosed herewith the first invitation for the BALKAN OPEN CHAMPIONSHIP which will take place in LARNACA, CYPRUS.

The city of LARNACA is honored to host this prestigious competition in 2016 accompanied also by the hosting of the WORLD JU-JITSU CUP FOR CADETS U15.

We are confident that the athletes, coaches, referees and supporters will enjoy a great championship, with high technical level, sportsmanship and fun.

I wish you all a pleasant experience and a good and successful appearance on the mat for the competitors.

We look forward to seeing you again

Anestis Poulikidis

JJBF President

**Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship**



Foreword by the President of Ju Jitsu Federation of CYPRUS

Dear Distinguished guest and fellow participants, I wish you warmly welcome to CYPRUS.

It is my great pleasure and an honor that we are your hosts of such a competition as Ju-jitsu Cadets World Cup, Seniors Balkan Open and Balkan Championship.

Our main goal in this matter is to try to bring ju-jitsu as equal level as other sports in our country. Also we want to bring together young people from different national characteristics.

Therefore, the participants will have opportunity to meet CYPRUS and especially the host town LARNACA.

I wish the upcoming days in LARNACA memorable and I wish you to enjoy in this beautiful sport as ju-jitsu.

As a president of Organization Committee, I promise you that we will do our best to make your stay in CYPRUS as pleasant as possible.

To all participants I wish good games in sport spirit, and let the best competitors win.

Mr. ANTONIS MARINOU

President of Ju-jitsu Federation of CYPRUS

**Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship**



1. JJIF and event Responsibilities

Mr. Joe Thumfart, JJIF Sports Director

joe@jjif.org

Anestis Poulkidis JJBF President

Mobile :0030-6936-806924

Fax: 0030-210-4172714

E-mail: efeozz@yahoo.gr

2. Organizing Federation

Responsibility for the event goes to

Cyprus Ju jitsu Federation

Mr. Antonis Marinou, President of CJJF

For all information concerning the tournaments - hotel accommodation, transport, arrival, application etc. you may contact

Mr. Antonis Marinou

E-mails: cypjjf@gmail.com

Telephone: 0035799729414

3. Venue

KITION Athletic Center - Larnaca

Address: George Christodoulide, 6043, Larnaca

Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship



Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship



Facts about Cyprus

Located in the eastern Mediterranean Sea, Cyprus is a veritable crossroad of three continents. Cyprus is the third largest island in the Mediterranean Sea.

Surface Area:	9.251 km ²
Population:	802. 500 (End 2002)
Language:	Greek is the official language. English is widely spoken.
Capital:	Nicosia
Climate:	Mild; Mediterranean with hot, dry summers and cool winters.
Time Zone:	GMT +02:00
Electric Current:	240V/50Hz

City of Larnaca

Larnaca (also spelt Larnaca) is an area of outstanding beauty - endowed with numerous attractions, waterfronts and scenic vistas as well as some of the islands most outstanding beaches. It is located on Cyprus' southernmost coast and is the country third largest city and home to the second largest commercial port. Larnaca's International Airport is located on the fringe of the city with easy access to and from the city centre.



**Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship**



Currency

The currency of Cyprus is the Euro - €, which is divided into 100 cents. Notes and coins currently in circulation are as follows:

Banknotes: €5, €10, €20, €50, €100, €200 €500

There are coins in denominations of €2, €1, 50 cent, 20 cent, 10 cent, 5 cent, 2 cent and 1 cent.

There are 100 cent to €1.

For up to date exchange rates please go to the website of the Central Bank of Cyprus, <http://www.centralbank.gov.cy/>

Banking

Commercial banks in Cyprus offer a wide range of banking services in Euros, as well as in foreign currencies, and have correspondents in most major cities around the world.

The banking hours for the public are: Monday - Friday, 08:30 - 13:30. Banks are closed at weekends and on public holidays.

Banks at Larnaca and Pafos International Airports provide exchange bureau services on a 24-hour basis. Hotels, large shops and restaurants normally accept credit cards. Banknotes of major foreign currencies are also acceptable. Rates of exchange are published daily in the local press and are broadcast through the media.

A number of Automatic Teller Machines (ATMs) operate on a 24hrs basis in central places of all towns.

Hotels, large shops, restaurants, etc. usually accept credit cards

Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship



Credit Cards

Visitors in possession of any of the following international credit cards may contact the appropriate bank for the withdrawal of cash.

VISA CARD: Bank of Cyprus Ltd., Hellenic Bank, Alpha Bank Limited, National Bank of Greece, Commercial Bank of Greece and Universal Bank.

DINERS CLUB, CARTE BLANCHE: Bank of Cyprus Ltd.

MASTERCARD: Bank of Cyprus Ltd., National Bank of Greece, Hellenic Bank, and Alpha Bank

AMERICAN EXPRESS: Bank of Cyprus

More than 15.000 shops, restaurants and hotels accept at least one of the above Credit Cards. Establishments with P.O.S. accept also **VISA ELECTRON** and **MAESTRO**. Usually the Card symbol is displayed in the shop window or at the reception.

Business/Shopping Hours

PUBLIC SERVICE HOURS

Autumn Period

Monday - Friday: 09:00 - 13:30 / 16:00-20:00

Saturday: 09:00 - 15:00

At a glance....

‘Γειά σας’
(ya-sas)

‘HELLO’ IN:
Greek



ELECTRICITY
240V/50hz



**Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship**



The supply in Cyprus is 220 volts / 50Hz. Sockets are usually 13 amps, square pin in most buildings.

More than one low current rating appliance may be operated from the same supply point, by using an adaptor (i.e. radios, electric clocks etc.).

The use of adaptors for operating high current rating appliances is not recommended (i.e. electric heaters, toasters, irons etc.).

Many hotels provide adaptors upon request from the Reception. Adaptors can be purchased from electricians, supermarkets, grocery shops, etc.

ALL OVER THE ISLAND

Ambulance: 199, 112

Fire Service: 199, 112

Police: 199, 112

Flag /Anthem

All Delegations must provide their national official flag (2) and national anthem (cd) during registration.

VISA

Every traveler must have a valid passport or EU ID card. For more information, please refer to:

<http://www.mfa.gov.cy/mfa/HighCom/london.nsf/All/C5BC5D60E65345B280257BCD00401BF1?OpenDocument>

or

<http://www.mfa.gov.cy/mfa/mfa2006.nsf/0/BCD9E71A8FBBA8DCC225720B001D9AFE?OpenDocument>

**Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship**



Accommodation

LORDOS HOTEL ****



Situated on a private beach of Larnaca Bay, Lordos Beach offers rooms with a balcony featuring side views of the Mediterranean Sea. Facilities include outdoor pools and on-site water sport facilities.

All rooms and suites of Lordos Beach Hotel have air conditioning, mini fridge, and satellite TV. Some rooms have a private garden and a wooden deck, which leads down to shared hot tubs. A minibar is included in some units or it can be requested.

Lordos Beach Hotel offers a large range of on-site water sports, including scuba diving, windsurfing, and water skiing. The hotel also has an indoor pool, a tennis court, and a kids club. Free Wi-Fi is available in the bar and the lobby.

Guests can enjoy traditional Cypriot, Mediterranean or international dishes in the 2 restaurants. The 3 bars serve a wide variety of drinks, including local wines and exotic cocktails.

Lordos Beach Hotel is a 15-minute drive from Larnaca's city centre, where guests can visit the Larnaca Fort and the ruins of ancient Kitium.

AMORGOS BOUTIQUE HOTEL ***



Conveniently located in the centre of Larnaca, this trendy boutique hotel offers contemporary accommodation with free private parking, just 100 m from the beach and the shopping centre.

Amorgos Boutique Hotel has a variety of modern and elegant rooms at your disposal. A warm welcome is offered by the staff and you will receive complimentary fruit, wine and mineral water upon your arrival. You can also benefit from free private parking at Amorgos.

Each room is individually designed and appointed with rich fabrics and contemporary design furniture. Special attention has also been paid to your comfort and the quality of mattresses and pillows are of the highest standard so you benefit from a great

night's sleep.

Amorgos Boutique Hotel is just steps away from Larnaca's main attractions and a large variety of restaurants and bars, along with Larnaca's famous Palm Tree Promenade. After a day of shopping, sightseeing or meetings you can relax in Amorgos Hotel's inviting Cocktail Bar and Lounge.

Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship



THE RISE BOUTIQUE HOTEL ***



Located in the heart of Larnaka city, The Rise Hotel is a 5-minute walk from the famous Phoinikoudes Beach. It offers modernly decorated rooms and suites with free WiFi and has a restaurant and a roofgarden with bar overlooking the city.

Rooms and suites at the Rise are air conditioned and come with a satellite LCD TV, tea-and-coffee-making facilities, and safety box. In the marble bathroom you will find luxurious toiletries and a hairdryer. Fresh fruits and mineral water are offered upon arrival. Some units open out to a balcony.

Within a short walk, you will find many restaurants, bars and super markets. The Archaeological Museum is only 100 m away, while Larnaca International Airport is within a 20-minute drive.

CROWN RESORTS HENIPA ***



Offering a pool and a restaurant, Crown Resorts Henipa is 150 m from the nearest beach. It features air-conditioned accommodation with balcony. Facilities include a tennis court. Larnaca City Centre and Larnaca Port are 6 km away.

All rooms and bungalows of Henipa are equipped with a minibar and a TV with satellite channels. Each has a private bathroom with hairdryer. Some units come with pool views and a flat-screen TV.

Guests may relax on the sun loungers of the sun terrace by the pool or use the facilities of the fitness centre. A children's playground and a kids' pool are available for the younger guests' entertainment. WiFi can

be provided upon charge. Several restaurants, café bars and shops can be reached within a short drive.

FLAMINGO HOTEL ***



Only a 10-minute drive from Larnaca International Airport, Flamingo Beach Hotel is located across from the famous Blue Flag Makenzie Beach. It features a rooftop pool with panoramic Mediterranean Sea views.

Spacious air-conditioned rooms come with a 13-hour room service and a private bathroom. All rooms in the Flamingo are equipped with a satellite TV and offer side sea views.

Guests are offered a buffet English breakfast. Flamingo Beach restaurant and bar serve drinks, light meals and snacks. The hotel

also holds weekly events that include local ethnic dancing nights with buffet dinners in addition to other international events.

Flamingo Beach Hotel guests have access to a TV lounge, games room and the Vanilla rooftop sky lounge. An on-site fitness centre is also provided, as well as the Flamingo Beauty Spa.

Restaurants are within a 5-minute walk from the hotel. Larnaca Salt Lake is 600 m away and the Larnaca City Centre is 2 km away.

Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship



LIVADHIOTIS CITY HOTEL **



Centrally located in Larnaca, Livadhiotis City Hotel is 100 m from the famous Phinikoudes Beach. It offers free public Wi-Fi, a bar, and rooms with a balcony and satellite TV.

The air-conditioned rooms at Livadhiotis City feature flat-screen TV, ironing facilities, safe, hairdryer and coffee maker. A roll-in shower for disabled guests is also available. Free wired internet is provided.

Start the day with a continental breakfast. The lobby bar Café Blu provides a calm environment to enjoy a beverage or snacks.

The friendly staff can help with organizing a mountain excursion or jeep safari. Car or bike rental is also available.

Larnaca Marina and Saint Lazarus Church are less than 500 m from Livadhiotis City Hotel. Larnaca Airport is a 10-minute drive away.

LARCO HOTEL **



Larco Hotel is located 200 m from Mackenzie Beach and just a 5-minute drive from Larnaca Airport. It offers a 24-hour front desk, an outdoor swimming pool with loungers, and free WiFi access throughout.

Hotel Larco provides simply furnished rooms with balconies. Each features satellite TV and a work desk. Room service is also available.

The hotel's restaurant serves continental breakfast, which includes bread, jam, cereal, cheese and cold cuts. Larco Hotel's bar offers a variety of drinks and refreshments.

Guests can work out in the fitness room, relax in the sauna or play table tennis in the hotel's games room. Larco's garden trees offer a nice shaded area when it gets hot. Staff can arrange car rental or provide airport transfers on request and extra charge.

The hotel is situated a leisurely 15-minute walk from Larnaca's centre and its famous promenade.

SAN REMO HOTEL **



San Remo Hotel is less than 500 m from Larnaca Bay. It has an outdoor pool with sun-lounger terrace, and offers air-conditioned guestrooms with furnished balconies.

San Remo rooms have private bathrooms and simple furnishings. They come equipped with satellite TV. Hairdryers are available on request.

In the morning, the hotel serves a continental breakfast. Hotel San Remo has an open-air restaurant that serves regional cuisine, and a bar that offers refreshing beverages.

Guests can watch a movie in the communal lounge, or visit the games room. San Remo also features a fitness centre with weight-lifting equipment.

The San Remo Hotel is situated 2.5 km from Phinikoudes Beach.

Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship



Hotel Price List

HOTEL	SINGLE	DOUBLE	TRIPLE
LORDOS HOTEL	120.00	160.00	220.00
AMORGOS BOUTIQUE	95.00	140.00	180.00
RISE BOUTIQUE	-	140.00	180.00
CROWN RESORTS	80.00	120.00	140.00
FLAMINGO HOTEL	85.00	120.00	180.00
LIVADHIOTIS CITY	80.00	120.00	160.00
LARCO HOTEL	65.00	100.00	135.00
SAN REMO HOTEL	65.00	90.00	135.00

**ALL THE PRICES ARE PER ROOM/PER NIGHT
ON FULL BOARD BASIC INCLUDING TRANSPORT**

THE DEADLINE FOR BOOKING ACCOMMODATION IS 23/07/2016

The prices stated above include all the meals (breakfast and dinner at the hotel and lunch at the stadium) and transportation.

Please note that: The only official airports in Cyprus are **Larnaca and Pafos International Airports**. Transportation to the hotels will be only offered from **Larnaca Airport**.

**Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship**



5. Payment

PAYMENTS

1. Delegations are requested to send a precise reservation, specifying the number of rooms with names.
2. The Cyprus Ju Jitsu Federation will then issue and send you an invoice. A deposit of 50% of the amount due is obligatory in order to obtain a fully confirmed reservation and full settlement needs to be done no later than the **16/08/2016**. For delegations that have paid and then cancelled within 20 days prior to the event, 25% of the reservation cost will be withheld as cancellation fee.
3. Reservation and payment details will be done through Cyprus Ju Jitsu Federation.

4. BANK DETAILS

Name: CYPRUS JU JITSU FEDERATION
Account Name: KYPRIAKI OMOSPONDIA ZIOU
ZITSOU K.O
INAB No.: CY88002004440000000103786900
Bank: Bank Of Cyprus
Swift: BCYPCY2N

Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship



6. Right to participate and categories

Athletes must be presented and registered by their National Federation.

Following 2010 JJIF TC and GA decision: **max 3 persons** per category are allowed.

All competitors must have a legal passport of the nation they represent in the championship and sports passport of their respective nation!

Medical certificate is needed, not older than 12 months, certifying their fitness for competition.

Competitors that will reach the proper age in the present year (from January 1st to December 31st) have the right of participation in the designated category (valid for fighting, duo and ne-waza systems).

World Cup:

Ju-Jitsuka in class Cadets* 12/13/14 (year of birth 2002/2003/2004)

Ranking list JJIF event:

Ju-Jitsuka in class Seniors +21 (year of birth 1995 or earlier)

Ju-Jitsuka in class Juniors 18/19/20 (year of birth 96/97/98)

Balkan Championship (Open):

Ju-Jitsuka in class Children 9/10/11 (year of birth 2005/2006/2007)

Ju-Jitsuka in class Aspirants 15/16/17 (year of birth 1999/2000/2001)

PLEASE NOTE

Decisions and explanations from the JJIF Technical Congress in St. Petersburg 2010, adopted by JJIF GA and JJIF Board:

- The age is considered according to the year of birth, not the actual birth date of the competitor;
- The athlete can compete in one higher age category – goes for fighting, duo and ne-waza system (juniors can compete with seniors). However, a team (duo) made up of one Aspirant and one Junior can only compete in juniors, not also in seniors (the Aspirant, although member of a junior team, cannot jump over two age categories and compete with the seniors)!!
- If a competitor participates in the Duo competition, he/she is allowed to be part of a mixed couple and of a couple of his/her gender on the same tournament. The organizer will observe that the Duo men and women are scheduled for one competition day, while the mixed duo is scheduled for the other day.
- Cadets born in 2002, who is part of a duo team together with an Aspirant, they can compete in Aspirants

Organizers' further rules regarding age:

- Cadets CANNOT participate in Aspirants categories.
- Children CANNOT participate in Cadets categories. Children compete ONLY in Duo and Fighting;

Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship



7. Competition fees – including the JJIF fee

World Cup U15 - Cadets

Fighting system - 50 €/competitor;

Duo system - 50 €/couple;

Ne-Waza system - 50 €/competitor

Balkan Open Seniors / Juniors U21 - JJIF Ranking list

Fighting system - 50 €/competitor

Duo system - 50 €/couple

Ne-Waza system - 50 €/competitor

Balkan Championship

Fighting system - 30 €/competitor

Duo system - 30 €/couple

Ne-Waza system - 30 €/competitor

The amounts must be paid by bank transfer, to the **Cyprus Ju Jitsu Federation** account, prior to arrival in Cyprus.

Please make reference with “Booking (your country) World Cup U15/Balkan Open 2015”.

The booking forms should have been returned to OC up to August 16th, specifying the number of participants and other details.

Important:

An extra fee of **10 EUR** per person is required for payments made after **August 16th**. **No refunds** for participants not attending the event will be made.

Transfer/payment receipt has to be shown at weighing. Please note that all financial obligations must be fulfilled before the registration!

Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship



8. Financial conditions

Please send the list of hotel booking until 17 July to allow us to make reservations for you.

The package does not include the Gala Dinner, which will take place on Sunday night, upon prior registration, for a fee of 15 eur/pers (includes soft beverages);

Travel expenses and organization are the responsibility of the participating countries.

The cost for the accommodation and the participation must be paid by each federation to the **Cyprus Ju Jitsu Federation** account.

9. Ju-Jitsu gi and protectors

All competitors must have and use ju-jitsu gi according with the JJIF rules for official competitions (white gi for all competition systems).

Participants for the **Cadets World Cup** must bring their ju-jitsu gi to registration in order to have the competition logo sowed on.

Soft hand and foot protections in proper color; mouthpiece and jockstrap are strongly recommended; chest protectors for female competitors are strongly recommended.

10. Liability

Neither the organizers of the event, nor the National Federation (or any of its officials or members) will be liable or responsible for any personal injury nor for any loss or damage to any property arising out of participations and travelling in connection with this championship.

Coaches and team leaders are responsible to make sure that all participants are physically fit, prepared and capable to cope with the championship.

11. Advertising

Please observe the regulations of the JJIF as far as advertising on the Ju-Jitsu gi is concerned. Please note that during the championship no numbers on the back of the Ju-Jitsu gi are allowed unless specified by the organizer. Numbers on the back of previous tournaments must be removed from the Ju-Jitsu gi.

Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship



12. Referees

Each country should provide minimum 1 referee for up to 6 participants, 2 for up to 15 participants, and 3 for 15 participants and more.

Referees should attend the briefing meeting on **Thursday** afternoon. There will be **3 (three) days** of competition, on our tatamies.

Neither the organizing committee nor the JJIF will be responsible for not respecting this obligation! However, if there won't be enough referees for the competition to take place in good conditions, JJIF may decide to complement the pool of referees with national referees of the organizing federation –decided by JJIF Referee Committee.

13. Rules and draw

- JJIF Competition Rules, JJIF Competition Organization and Planning. We make an appeal to all participants to respect fair-play and JJIF Book of Ethics!
(actual competition rules are provided also on the official web site of JJIF www.jjif.org)
- Competition organized by table with all participants getting a second chance;
- Computer program, approved by JJIF;
- Draw will be made by Sport Director and responsible official from the National Federation, together with the IT specialist;
- The draw will be done on Thursday for all competition days and it is final!
- If a competitor will not have the correct weight at weighing – or the birth dates are not correct - he/she will stay in a pool/table but will automatically loose the match – no change will be made to the draw and no refund because of not fulfilling conditions for participation when already registered. **There will be no second draw.**
- General mistakes discovered at the draw can be corrected by JJIF officials (such as wrong name, persons with similar names put in wrong categories etc.).
- Champions from the previous championship may not be in the same pool (if that is indicated at the draw).

14. Appeal Committee of the Event

The Appeal Committee of the event is composed of 3 persons (1 from the local Organizing Committee), appointed by the JJIF Board.

Any member of the Appeal Committee is to be excluded from making any decisions if the participant involved is from the same country. An appeal fee of 200 EUR must be paid to the JJIF Treasurer before the appeal is filed (this amount will be returned if appeal is successful). Appeal must be filed immediately after the situation occurs (a verbal announcement and filed on paper) so the organizer may halt the competition to prevent appealed situation to continue. The decision of the Appeal Committee is final.

Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship



15. Anti-doping Control

All members should make their competitors aware that there could be a doping control for several athletes in fighting, duo system or Ne-waza system.

If you have entered in the World Championship and are taking any medication or plan to take any medication, please check with your doctor whether your medication contains any substances on WADA's 2016 Prohibited List. JJIF automatically recognizes all TUEs issued by National Anti-Doping Organizations (NADOs), so please contact your NADO if you need a TUE and do not already have one. If you have any difficulty in applying for a TUE through your NADO or there is no NADO in your country, please contact the JJIF TUE Committee Director, Mr. Paco Luis Gomez (pacoluisgomez@gmail.com).

16. Trophies

- At the end of the competition there will be a trophy for three best teams / country;
- First three in each category receive a medal;
- Special trophies will be awarded.

17. Registration to the Event

Ms. Antonis Marinou, E-mail: cypjif@gmail.com

Please use the forms in attachments (**to follow in second invitation**) and indicate last name, first name, year of birth, weight category or duo-class, address and telephone, referees send by the organization, officials and if you would like to use provided transport.

Please provide exact time of arrival/departure in order to organize suitable transport and prepare accommodation for your team.

18. Dress code

Coaches accompanying the athletes to the tatami will wear the national team track suit with sports shoes (closed). For the finals, formal clothes (with jacket) are recommended.

Athletes on the podium will wear the white competition gi, without any additional materials on their persons (flags, religious symbols, bottles of water, slippers etc.), according to *SportAccord guidelines*.

**Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship**



19. Flags and Anthems

Don't forget to check the flag and anthem of your country with the organizer when you arrive. We suggest that you bring with you your national anthem (short version) to avoid any possible problem.

Registrations will be made only in writing form up to August 16th to

Mr. Antonis Marinou

E-mails: cypjif@gmail.com

Telephone: 00357 99729414

Please use the forms in attachments ***(to follow in second invitation)*** and indicate last name, first name, year of birth, weight category or duo-class, address and telephone, referees send by the organization, officials and if you would like to use provided transport.

Please provide exact time of arrival/departure in order to organize suitable transport and prepare accommodation for your team.

**Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship**



NATION / TEAM*:

RESPONSIBLE OFFICIAL*:

**CAPITAL LETTERS PLEASE*

STATEMENT

Of accepting general conditions for participating at the event as defined in Invitation to the event, accepting JJIF Competition Organizing and Planning and fair-play in general, and accepting responsibilities and liabilities as follows:

Legality and right to participate. We are fully aware that all competitors must have a legal passport and sports passport of their respective nation! Medical certificate is needed, not older than 12 months, certifying their fitness for competition. Competitors that will reach the proper age in the present year (from 1.1 to 31.12) have the right of participation in designate category (valid for fighting, duo and ne-waza systems).

Responsibility. We hereby attest the responsibility that coaches and team leader are responsible to make sure that all participants are physically fit, prepared and capable to cope with championship.

Liability. We understand and recognize the right to the O.C., JJIF and National Federation not to accept any liability what so ever. Neither the organizers of the event, nor the CYPRUS JU JITSU FEDERATION or JJIF (or any of its officials or members) will be liable or responsible for any personal injury nor for any loss or damage to any property arising out of participations and travelling in connection with this championship.

Anti-doping. We are aware that there could be a doping control for several athletes in fighting, duo or ne-waza systems.

Place and date:

Signature:

Cadets(U15) World Cup
13th Seniors Balkan Open-JJIF
Ranking List
U12,U18 & U21 Balkan
Championship



PROGRAMME

Friday 16 SEPTEMBER 2016:

Fighting Men U15
Fighting Women U15
Duo Men U12
Duo Women U12
Duo Men Seniors
Duo Women Seniors
Duo Mixed Aspirants
Ne Waza Men Juniors
Ne Waza Women Juniors

Saturday 17 SEPTEMBER 2016:

Fighting Men U12
Fighting Women U12
Fighting Men Juniors
Fighting Women Juniors
Ne Waza Men Seniors
Ne Waza Men Aspirants
Ne Waza Women Seniors
Ne Waza Women Aspirants
Duo Mixed Seniors
Duo Men Aspirants
Duo Women Aspirants
Duo Mixed Juniors
Duo Mixed U15

Sunday 18 SEPTEMBER 2016:

Fighting Men Seniors
Fighting Women Seniors
Fighting Men Aspirants
Fighting Women Aspirants
Duo Men Juniors
Duo Women Juniors
Duo Men U15
Duo Women U15
Duo Mixed U12
Ne Waza Men U15 CADETS
Ne Waza Women U15 CADETS

Appendix: JJIF – Disciplines, Divisions and Categories:

Age groups:

Seniors		21 years and older
Juniors	U21	18/19/20 years old
Aspirants	U18	15/16/17 years old
Cadets	U15	12/13/14 years old
Cadets	U12	10-11 years old
Cadets	U10	8-9 years old

Competitors will reach the age in the present year (from 1st January to 31st December)

The athlete can compete in one higher age category

- ✓ *Aspirant can compete with Juniors, Juniors can compete with Seniors*
- ✓ *The entire Junior category (of proper aged-athletes) can participate in the Senior category*
- ✓ *No athletes having the age of less than 18 years old will be allowed to participate in the seniors' World Championship of the JJIF. (By year of birth)*

Duo couples (Duo Show and Classics):

With respect to the ages of the athletes making up a Duo couple: the age difference between the partners is not important, provided that:

- ✓ the age is considered according to the year of birth, not the actual birth date of the competitor
- ✓ if the two couple members belong to different age categories, the couple will be registered for the highest age category
(example: one 15 years old athlete (Aspirant) + 18 years old athletes (Junior) will participate in Juniors)
- ✓ However, a team (duo) made up of one Aspirant and one Junior can only compete in Juniors, not also in Seniors (the Aspirant, although member of a Junior team, cannot jump over two age categories and compete with the Seniors)

Categories Duo System:

Duo (Classic):

1. **Men** (team of two men)
2. **Women** (team of two women)
3. **Mixed** (team of one woman and one man)

Duo Show system:

1. **Men** (team of two men)
2. **Women** (team of two women)
3. **Mixed** (team of one woman and one man)

Weight categories and fighting time:

Fighting-system:

MALE: Men / Boys

Senior 21+	Junior 18/19/20	Aspirant 15/16/17	Cadets 12/13/14	Cadets 10/11	Cadets 8/9
1 x 3 min	1 x 3 min	1 x 3 min	1 x 2 min	1 x 2 min	1 x 2 min
- 56kg	- 56kg	- 46kg	- 34kg	- 24kg	- 21kg
- 62kg	- 62kg	- 50kg	- 37kg	- 27kg	- 24kg
- 69kg	- 69kg	- 55kg	- 41kg	- 30kg	- 27kg
- 77kg	- 77kg	- 60kg	- 45kg	- 34kg	- 30kg
- 85kg	- 85kg	- 66kg	- 50kg	- 38kg	- 34kg
- 94kg	- 94kg	- 73kg	- 55kg	- 42kg	- 38kg
+ 94kg	+ 94kg	- 81kg	- 60kg	- 46kg	- 42kg
		+ 81kg	- 66kg	- 50kg	+ 42kg
			+ 66kg	+ 50kg	

FEMALE: Women/ girls

Senior 21+	Junior 18/19/20	Aspirant 15/16/17	Cadets 12/13/14	Cadets 10/11	Cadets 8/9
1 x 3 min	1 x 3 min	1 x 3 min	1 x 2 min	1 x 2 min	1 x 2 min
- 49kg	- 49kg	- 40kg	- 32kg	- 22kg	- 20kg
- 55kg	- 55kg	- 44kg	- 36kg	- 25kg	- 22kg
- 62kg	- 62kg	- 48kg	- 40kg	- 28kg	- 25kg
- 70kg	- 70kg	- 52kg	- 44kg	- 32kg	- 28kg
+ 70kg	+ 70kg	- 57kg	- 48kg	- 36kg	- 32kg
		- 63kg	- 52kg	- 40kg	- 36kg
		- 70kg	- 57kg	- 44kg	- 40kg
		+ 70kg	- 63kg	- 48kg	+ 40kg
			+ 63kg	+ 48kg	

Weight categories and fighting time:

Ne-Waza System:

MALE: Men / Boys

Senior 21+	Junior 18/19/20	Aspirant 15/16/17	Cadets 12/13/14	Cadets 10/11	Cadets 8/9
1 x 6 min	1 x 5 min	1 x 4 min	1 x 3 min	1 x 3 min	1 x 3 min
- 62kg	- 62kg	- 46kg	- 34kg	- 24kg	- 21kg
- 69kg	- 69kg	- 50kg	- 37kg	- 27kg	- 24kg
- 77kg	- 77kg	- 55kg	- 41kg	- 30kg	- 27kg
- 85kg	- 85kg	- 60kg	- 45kg	- 34kg	- 30kg
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